
Sabreen Haziq

Strengths Insight Guide

SURVEY COMPLETION DATE: 03-28-2020



DON CLIFTON

Father of Strengths Psychology and
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Depending on the order of your themes and how you responded to the assessment, some of your themes may share identical insight statements. If this occurs, the lower ranked theme will not display insight statements to avoid duplication on your report.

Your Top 5 Themes

1. Achiever
2. Learner
3. Communication
4. Discipline
5. Responsibility

Achiever

SHARED THEME DESCRIPTION

People who are especially talented in the Achiever theme have a great deal of stamina and work hard. They take great satisfaction from being busy and productive.

YOUR PERSONALISED STRENGTHS INSIGHTS

What makes you stand out?

Because of your strengths, you are eager to get started on a project once you realise what you can accomplish in the coming weeks, months or years. You work very hard to breathe life into your big dreams. These often push and pull you into the future. By nature, you naturally resist being held back, restrained or controlled by people or events. You much prefer to be in charge of situations, materials, schedules, budgets, human resources, processes or decisions. Waiting for someone else to issue orders or level judgements certainly is not your forte — that is, strength. Driven by your talents, you may push yourself to be the best or the victor when your performance or results are being compared with those of specific individuals. Periodically you seek answers to resolve doubts you may have about your abilities. You might examine particular assumptions — that is, things taken to be true without proof — rather than automatically accept them. If perplexed, you occasionally investigate the situation. You might do this because you have set certain expectations for yourself. Chances are good that you are quite open and transparent with individuals or groups. The level of trust you have for a person dictates how much you reveal about your personal history, innermost thoughts or deepest feelings. Instinctively, you are known as a reliable and dependable person. You are motivated to work diligently. You cannot rest until you have completed what you told someone you would do.

Questions

1. As you read your personalised strengths insights, what words, phrases or lines stand out to you?
2. Out of all the talents in this insight, what would you like for others to see most in you?

Learner

SHARED THEME DESCRIPTION

People who are especially talented in the Learner theme have a great desire to learn and want to continuously improve. In particular, the process of learning, rather than the outcome, excites them.

YOUR PERSONALISED STRENGTHS INSIGHTS

What makes you stand out?

Instinctively, you yearn to be inspired by your work. You want experience to be your teacher. You need to feel enthused by your work or studies. You constantly acquire knowledge and skills. Whenever you study facts, ponder concepts, test theories or sharpen your skills, you feel most alive. You are inclined to avoid people and situations that prevent you from expanding your mind. It's very likely that you enjoy pondering what you can revise, correct, renovate, upgrade or relocate. When you are curious about a person, event, topic, project, activity or idea, you devote much energy and time to studying it. Chances are good that you have little difficulty giving intense effort to projects, problems or opportunities that capture and keep your attention. Because of your strengths, you sometimes enrol in difficult or demanding classes. You might aim to expand your knowledge or challenge your thinking about certain things. By nature, you may be an individual performer. Perhaps you welcome opportunities to acquire knowledge or ponder ideas on your own. To some extent, you seek and find solitary places where you can think without being distracted by people and noise.

Questions

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Communication

SHARED THEME DESCRIPTION

People who are especially talented in the Communication theme generally find it easy to put their thoughts into words. They are good conversationalists and presenters.

YOUR PERSONALISED STRENGTHS INSIGHTS

What makes you stand out?

Driven by your talents, you like to amuse people with your stories. Your stories probably provide people with pleasant distractions from their daily routines, worries and obligations. By nature, you usually attract listeners with your stories, presentations, lectures or speeches. You routinely seek opportunities to talk about what you think, feel or have experienced. Because of your strengths, you delight others with your stories and adventurous tales. You are a natural conversationalist. You gravitate to discussions and engage in casual chitchat. When the dialogue begins to lag, you probably keep it moving by asking questions, introducing a new topic, describing an incident or offering an explanation. It's very likely that you value what others have to say. You pay attention to the observations they make. You acquire knowledge, skills and insights from your peers during group conversations. You exhibit a strong inclination to participate in dialogue with others so new ideas are brought to everyone's attention. Chances are good that you occasionally search for the right words to make your point. Even so, few people even notice your momentary struggle. Perhaps being able to put friends or strangers at ease quickly is one of your special gifts.

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Discipline

SHARED THEME DESCRIPTION

People who are especially talented in the Discipline theme enjoy routine and structure. Their world is best described by the order they create.

YOUR PERSONALISED STRENGTHS INSIGHTS

What makes you stand out?

By nature, you like systems or rules because they produce uniform, consistent and predictable results every time. This is especially useful when individuals must perform the same task in the same way over and over again. Being an organised thinker, you are apt to lead others through step-by-step presentations about processes or regulations. Driven by your talents, you might set up systems for dealing with certain types of repetitious tasks. Perhaps you are delighted when everyone in a group adopts your methodical procedure. Your patience may be strained by a few people who insist on performing an assignment, chore or programme their own way. Maybe these individuals create problems for others by missing deadlines, delivering incomplete work, forgetting to fill out forms, spending time on the wrong activities or wasting money. Chances are good that you like to keep your environment neat and orderly. You feel most comfortable when everything has its place and everything is in its place. It's very likely that you frequently consider methods for becoming more organised. You probably like to complete tasks before they are due. You tend to execute your plans far better when you have ample time to process your ideas in an orderly and efficient manner. Because of your strengths, you sometimes design repetitious procedures that you know work. When you can follow your proven steps for finishing things, you might eliminate a few hassles, save some time and enhance efficiency a little bit. Perhaps your detailed and orderly approach produces uniform or predictable outcomes.

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Responsibility

SHARED THEME DESCRIPTION

People who are especially talented in the Responsibility theme take psychological ownership of what they say they will do. They are committed to stable values such as honesty and loyalty.

YOUR PERSONALISED STRENGTHS INSIGHTS

What makes you stand out?

By nature, you might shoulder your obligations and duties with relative ease. You might be motivated to behave in ways that cause individuals to say you are dependable. Chances are good that you are impelled to deliver on all of your commitments. You are determined to meet all of your obligations. Doing so is your badge of honour. It is one reason why people describe you as trustworthy and dependable. Because of your strengths, you yearn to be given additional duties. You expect to be held accountable for your productivity, profit, behaviour, comments and actions. Driven by your talents, you do much more than just try to live up to your commitments. You persist working until you can deliver on your promises. This certainly enhances your reputation for being trustworthy, reliable and dependable. Instinctively, you normally strive to do things right. Taking shortcuts strikes you as unprincipled, thoughtless and careless. You are likely to refuse to produce sloppy work or engage in unethical practices.

Questions

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